



LOUISIANA COUNSELING ASSOCIATION

ALGBTIC • LAAOC • LACES • LAMCD
LAMFC • LASERVIC • LCCA • LCDA
LCSJ • LMHCA • LSCA • PLCA

Louisiana Lagniappe

Volume 38 Number 2

LCA is the state branch of the American Counseling Association

Winter 2016



LCA President Elect-Elect for 2018-2019 Confirmed at Fall Conference

By Tim Fields, Past LCA President

Congratulations to Adrienne Trogden, who is currently serving LCA as the Public Relations Committee Co-Chair! You may also remember that she worked tirelessly to make sure our new conference app not only worked well during the Fall Conference, but that it has applications which can be used throughout the year. Welcome to this new role ☘



For more information, visit the ACA Website at the following address <https://www.counseling.org/>

From the Desk of the LCA President



What an AMAZING conference, and it's all because of YOU! Our members always make conference GREAT!

Immediately after conference, I felt the urgency to begin writing my feelings down. I became emotional for several reasons. Dr. Iman Ennabut-Nawash First and foremost, our numbers are greater than ever. We had 1110 conference attendees, 2162 total members. Over 50% of membership attended conference! This is huge, and makes me grateful to be a part of such a committed group of professionals.

Secondly, we had 4 national speakers (Dr. Catherine Roland, Dr. Courtland Lee, Dr. David Kaplan, and Dr. Russel Sabella) and 2 additional ACA branch officers attended conference because they wanted to see what Louisiana was up to (Vincent D. Hinton and Carolyn Anderson). They were all highly impressed with our presenters, our members, with the conference as a whole. To me, this speaks volumes.

Thirdly and on a more personal note, I was truly honored by the standing ovation I received at opening session. I am humbled. Several of you approached me asking that we continue the courageous conversations of diversity, inclusion, and acceptance. The diversity board near registration spoke volumes. I noted comments about race, reli-

(From The Desk of, continued on page 2)



The Power of Words

By Vinetta Frie, LPC,
Newsletter Editor

What an outstanding Conference!! I am glad that I have another year before I have to plan a conference as meaningful as Iman's. And of course kudos to Christine Ebrahim, and the Dynamic Austins: Diane Austin and Austin White and their staffs and the many, many volunteers for all they did and do to implement our conference so well!

I tell my study skill classes that to make changes permanent, you must act on it within 24 hours of deciding you want to incorporate it into your life. I wanted the lessons I learned to stick. With Dr. Bill Quigely's permission I shared his impressive Power-Point, "Racism in the Criminal Justice System: 18 Cases" with faculty colleagues at Baton Rouge Community College who teach Criminal Justice, Sociology, and Ethnicity In Literature. On my first day back in the office, I shared my impressions of the conference with my Dean, whose eyes welled up when I told her how Iman brought us face to face with our pre-conceived ideas and gave us the opportunity to walk away from them.

Returning the favor, one of them loaned me his autographed copy of The New Jim Crow, by Michelle Alexander, jurist, legal scholar, civil rights attorney which was cited by Dr. Quigley as a great read. I also added two new divisions to my membership based on content sessions I attended.

This past conference will be with me for a long time. And I am very glad it will. ✨

Winter 2016

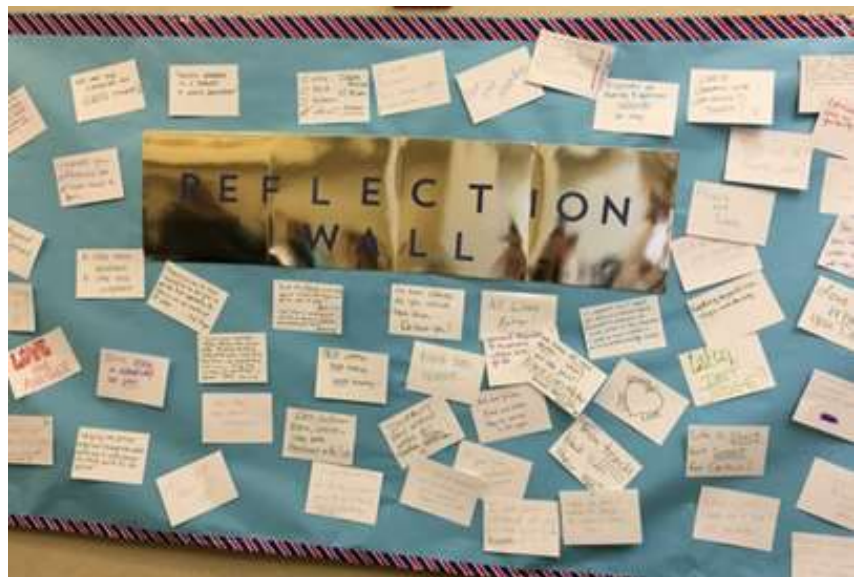
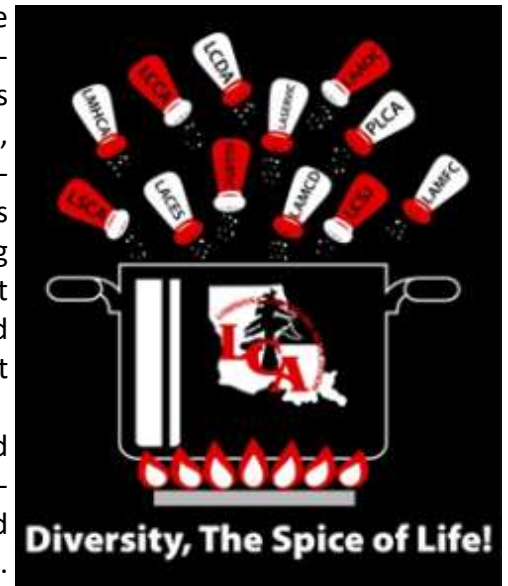
gion, and privilege. Most of the comments were positive and a few were negative, but all were welcomed. I also noticed how certain comments were covered by other comments, and as members read those comments, that "pile" began increasing...as if members were communicating with particular people. It was a heated "conversation," without really saying a word.

Many of you stated that we need more opportunities to speak and be heard in a safe space. And, I can't agree more. I

want us to take this further- beyond conference. What I would like is to ask for your input, how can we take this further? Write back to me and let me know (Iman97@aol.com).

I attended the LSCA luncheon and thoroughly enjoyed it. I always love hearing about our school counselors and their successes. I also attended every session on diversity and was thoroughly impressed by all the presenters, but I specifically want to mention Dr. William Quigley. I'm not sure I even had the opportunity to introduce myself to him, but I sat and listened intently as he gave the staggering statistics on hate crimes, racial profiling and arrests with regards to race. Numbers don't lie, and seeing it first hand and hearing stories from members just

(From the Desk Of, continued on page 3)





General Membership Meeting Minutes

By Vickie Thompson, LPC,
LCA Secretary

At our annual business meeting, held during the Fall Conference at the Crown Plaza Hotel in Baton Rouge on September 27, 2016, the following business was conducted.

- ✎ Iman Nawash presented the minutes of the last General Membership meeting. The motion to accept the minutes was made by Dianna Burrell and seconded by Mary Stegall. The motion passed.
- ✎ Austin White, Business Manager presented the 2015-16 Final Financial Report. The motion to accept the budget was made by Beverly Alexander and seconded by Brenda Eccles. The motion passed. The motion to accept the budget for 2016-17 was made by Sundry Barjon and seconded by Lisa Launey. The motion passed.
- ✎ Linda Griffin presented the results from the LPC Summits.
- ✎ Cindy Nardini reported on the DOT and the Gratitude Project. In March the legislators in Baton Rouge were given "Gratitude" bags that promoted LCA. LCA membership have given fifty-seven days of education for Grace and \$370 in gift cards to nine school counselor in affected flood areas.
- ✎ Diane Austin encouraged members to take the 3 hour CEU online by Dr. Tommy Fonseca. Total membership is 2230 members.

(General Meeting Minutes, continued on page 4)



From the Desk of, continued from page 2

made it that much more real.

On the government relations front, please advocate for our profession. When you receive an e-blast, please respond and contact your representatives. This is truly the only way things get done!

I just want to close by offering a sincere thank you, to each of you who attended the conference, who participated in some way and especially if you took even a small step outside of your comfort zone. I am also thankful for each of you reading this issue of the *Lagniappe*, for what you will absorb about the conference through the eyes of those who were there. I truly want to keep this conversation going – let's talk: iman97@aol.com

Sincerely,

Iman

Iman Ennabut-Nawash,
Ph.D., LPC-S, NCC
LCA President, 2016-2017





Dot Products welcomed...

Generosity of LCA Members At Fall Conference Recognized

By Christie Kinchen

I just wanted to share a couple of photos with you from when I received the awesome Dot Products! I attended the LCA conference this year and I'm the counselor at Southside Junior High and I just wanted to say how much I appreciate this donation! I was so pleasantly surprised when I opened the box and did not know where the it came from until a fellow Livingston Parish school counselor, Brenda Cothorn, let me know and I felt so honored.

Southside Junior High is now "borrowing" and platooning with Juban Parc Junior High, which basically means their students go to school in the morning until 11:50am and then our students arrive and stay until 5:30pm. We do not have any idea of when we will be returning to our campus, but the school board plans to provide us with a temporary modular campus starting in January, hopefully. Once again, I just want to say thank you so much, and I also love that the sale of Dot Products also helps other children in need! ☺



Understand First

By Matthew L. Lyons, Ph.D. Chair, Strategic Planning Committee

Stephen Covey's fifth habit in the book *7 Habits of Highly Effective People* says to "Seek first to understand, then be understood." As counselors we can easily recognize the truth contained in this principle. We are used to sitting with people and seeking to understand their realities and perspectives in order to cultivate an effective therapeutic relationship.

However, the principle applies on a larger scale as well. We may not think of listening as a skill required for effective strategic planning. However, it is an essential skill. As leaders of an organization like LCA, we must consistently make sure that we are seeking to understand our members as well as the current social/political forces in order to develop an effective strategic plan. Listening to an individual in a counseling session is one thing. Listening to a membership body that is several thousand strong is something different.


In the coming months, the strategic planning committee will be holding some targeted planning retreats in an effort to revise the LCA strategic plan. In the meantime we will be surveying our membership to learn from you. You will receive

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General Meeting Minutes, continued from page 3

- ☞ The donation to St. Vincent DePaul was \$1,030.
- ☞ Dr. Christine Ebrahim presented a discussion on Counselor Competencies.
- ☞ Tim Fields, Chairman of Nominations Committee, announced the President-Elect-Elect-Elect to be Adrienne Trogden.

more information in the weeks ahead as to how you can access surveys and provide your input.

There is a lot of momentum for the profession right now both in Louisiana and nationally. The LCA is growing each year. The strategic planning committee is excited about the opportunity to consider carefully how we carry the momentum forward for years to come. 

LCA Fall Conference 2016... The Way We Were

Photos by Joyce Wakefield-Fields



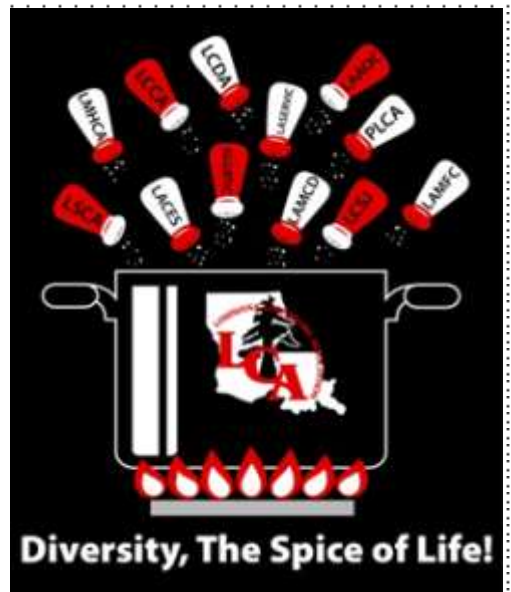
LCA President Dr. Iman Nawash opening the Annual Fall Conference at Crowne Plaza



Dr. Courtland Lee, whose credentials are too numerous to list in this block with Dr. Nawash after the powerful opening session.



Conference attendees reconnecting and planning their professional development using the conference booklet or the new conference app!





Dr. Catherine Roland, ACA President and Keynote Speaker



Award winners Jessica Aslan (left) and Michelle Robicheaux (right) who received LCA presidential awards from Dr. Iman Nawash

Photos by Joyce Wakefield-Fields, Archives Chair



LCA Members at Dr. Courtland Lee's Keynote Address — thanks to each of you for another record-breaking conference total!



Division Presidents at the July Executive Board Meeting. L-R, Thomas Fonseca, LASERVIC; Roy Salgado, LAMCD; Royce Hooks, LSCA President-Elect; Iman Nawash, LCA President; Jessica Aslin, LCCA; and Melissa Thomas, LAMFC. Photo by John Crawford

7 Division Presidents Report

Compiled by Vinetta Frie, Lagniappe Editor

You will hear from some outgoing and some incoming Division Presidents in this section. 7 Division Presidents summarize their terms of office or share their hopes for the future. Look for these divisions at the LCA Fall Conference at the Crown Plaza in Baton Rouge!

Respect for the Rights of Others is Peace

By: Roy A. Salgado, Jr. PhD, LPC-S, LMFT-S, NCC, LAMCD President

Notable efforts centered on diversity, multiculturalism, and cross-cultural competencies have been implemented in recent years to educate and to address issues regarding various societal injustices. This effort is to be encouraged, applauded, and celebrated. Many of the efforts thus far perhaps are limited in scope and could benefit from somewhat of a shift in that much focus and attention has been on the similarities and differences among various groups and less on the uniqueness of the individual human experience or the universality thereof. More has to be done to capture the depth and breadth of the diversity that exists within the human experience.

The Tripartite Theory of Development and Personal Identity and an old Asian saying similarly state, “All individuals, in many respects, are (a) like no other, (b) like some others, and (c) like all others. Individuals are complex in that in addition to being like some others with regard to certain characteristics, attributes, and traits they are like no other with regard to their own lived experiences. These experiences impact our lives and help to shape our ideas, ideas that differ from one person to another and that are to be respected.

Great strides have been made in the last several decades with regard to recognizing and celebrating the diversity in our society, yet the notion of mutual respect and understanding toward those who think differently has not been as enthusiastically addressed. When advocates address and celebrate issues of diversity, those related to diversity of thought need not be excluded. When diversity of thought is excluded from the dialogue of cultural exchange the foundation for the potential for group think has been laid. Group think is the practice of thinking or making decisions as a group in a way that discourages creativity, individual responsibility, or dissent. Group think is a phenomenon that is as destructive as any phobia or prejudice toward any group.



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from page 7**

We live in a world with differing ideas that are shaped by experiences - good and bad - and this diversity of thought is to be understood, valued, and respected, not stifled, rejected or eliminated. This aspect of diversity enriches us all. Voltaire is attributed with saying, "I disapprove of what you say, but I will defend to the death your right to say it." This adage coupled with Benito Juarez' (26th President of Mexico) sentiment, "Between individuals, as between nations, respect for the rights of others is peace" ought to give us pause for reflection.



**LASERVIC Has Room
For YOU!**

*By Dr. Thomas Fonseca,
LASERVIC President*

Well – another conference has come and – *usually we would say* gone. I pray that the message from the LCA conference has not been forgotten. In my opinion, this year's conference theme, "Diversity: The Spice of Life", was very well-timed. Now, more than ever, it is time for society to realize that we truly need each other to make it through life. This was made apparent to me when our luncheon's guest speaker (and current LCA president), Dr. Iman Nawash, led an enlightening discussion concerning the meaning of words. At one point, Dr. Nawash stated, "A word – just one word – can hurt someone (or a group of people) and the same effort it took to say one word could have been replaced by a word that was uplifting". This statement has been bouncing around in my

Article continues in next column

head ever since the luncheon. I have been wondering about how many times I have missed an opportunity to lift someone's spirits because I wanted to prove that I was right (or smart), or better yet – pass judgement since it is so easy to criticize when I am capable of doing so much more – like noticing if a person is not doing well on a particular day. It is so easy to lift someone's spirits and in doing so we lift our own. So please allow me the opportunity to try to lift your spirits today.

As president of LASERVIC, I get to witness good works in action. I am proud to say that LASERVIC voted to assist with the recovery efforts of the flood victims in the Greater Baton Rouge Region. Every year LASERVIC chooses a charitable organization to make a donation to in the conference host city. This year's state, and local, donation went to the St. Vincent de Paul Society of Greater Baton Rouge. LASERVIC's donation was a symbol of our connectedness to those who have been suffering through loss.

Speaking of connections (and the annual luncheon), I asked for those in attendance to please submit their names if they are interested in serving on LASERVIC's executive board. I am happy to report that it looks like we will be offering members a full ballot for LASERVIC's 2017-2018 election. I want to offer a sincere thank you to each person who signed up to become more involved in LASERVIC. Much gratitude and prayers have been sent your way.

And speaking of gratitude, I want to recognize the efforts of Dr. David Spruill who assisted in Monday morning's prayer service. It was a wonderful way to start a full day of conference activities. Personally, I could not have been blessed with a better gift than the presence of the people in attendance. Also, if you were not able to attend then please know that we offered prayers up for you! Please join us at next year's prayer service.

As we reassemble an executive board for LASERVIC, I want to emphasize that I am praying that each of you enjoys a year full of fellowship and service. We are blessed to have an association filled with such great members.

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Dr. June Williams facilitating a very well attended session!

Conference in Review ... From an LCCA Perspective!

By: Jessica Aslin, Ed. S., LPC,
NCC, LCCA President



Wow! What a conference! I certainly got a lot of valuable information from the sessions I attended. A couple of my favorite includes a session on *Louisiana Mental Health Law & SWAT Negotiations* and *Play is not Just for Children: How to Intergrate Expressive Art Techniques for Counseling College Students*. The Louisiana College Counseling Association also hosted an event that was very well attended. Dr. June Williams presented our LCCA sponsored content session titled *When What We've Always Done Doesn't Work Anymore: Working With Today's College Students*. It was a full house! Here, we learned how college students have changed over the years, and how parenting styles and expectations may have led to some of these changes. There were many collaborative discussions across the room about what approaches work best to reach today's college students.

LCCA also held our annual business meeting during the conference. We tossed around many great ideas that I think will really help LCCA grow in the future. Joyce Fields is our President-Elect, and

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Louisiana Lagniappe

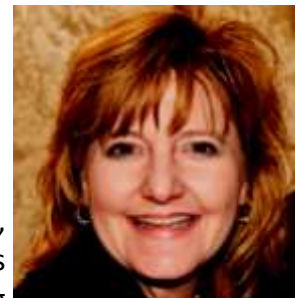
we hope to implement some new things for LCCA's presence at next year's conference with her leadership. We have also recruited the assistance of our new social media chair, Maya Galathé, to help with outreach to members and the public on our Facebook page. Be on the lookout as LCCA will be sending out this fall's issue of our newsletter, *LeRoux*, in November. If you would like to include any announcements, or write an article for the newsletter, please email your submission to Lisa Newman, Secretary, at newman@lsu.edu by October 24, 2016.

Finally, this fall LCCA will be working with members to make contact with various Counselor Education programs across the state. A new member recruiting video for LCA is available and LCA needs our assistance in reaching out to the programs in hopes they will show the video to their graduate students to encourage them to join the organization. Be on the lookout for more information soon.



In Celebration of Career Month!

Lisa Hibner, LCDA President



As we approach winter, many of us turn our thoughts to the holidays and spending time with families, but November is also the month to celebrate careers. NCDCA promotes career development through its annual celebration of National Career Development Month. Every November, career development professionals are encouraged to celebrate with career related activities. In particular, NCDCA sponsors an annual Poetry and Poster Contest. This year, National Career Development week is November 14-18 and National Career Development Day is November 16, 2016.

For those of us working in Louisiana schools or colleges and facilitating the career development of

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from page 9**

our youth, this is the perfect opportunity to build in a lesson or activity that shines a spotlight on careers. There are a variety of ways to build in a career focus in a classroom or through an activity such as the NCDAs Annual Poetry and Poster Contest: "The Joy of Work: Positive Approaches to Work, Career & Life!" To assist our community, the LCDA website provides a list of career resources and suggestions on activities that can be done for all ages. I hope you will find this useful: <http://www.louisianacareerdevelopment.org/career-development-month.html> If you decide to sponsor an activity and participate in the Poetry and Poster Contest, please use the NCDAs contest form to submit your top winners to NCDAs.

SAVE THE DATE - LCDA is in the final stages of planning the Annual LCDA Conference which is going to be held in Baton Rouge, Louisiana on January 27, 2017.



**Social Justice is Also
The Spice of Life!**

*By: Louis Lowrey, M. A., LPC/
LMFT, President Louisiana
Counselors for Social Justice*



Thank you to everyone who attended and participated in the LCA Conference and particularly in the fine presentation by Professor Bill Quigley of Loyola University College of Law. His powerful presentation on Racism in the Criminal Legal system was so well researched and passionately presented. And members of the audience added a lot to the workshop by sharing your own stories. Professor Quigley has been invited back to future conferences.

Article continues in next column

For those of you who are considering how to be involved in issues of social justice in the counseling profession, I would recommend (of course) that you join this dynamic and growing division of LCA. It is simple. Just contact Diane Austin and invest the small sum of \$5. This can be done at any time without waiting for your LCA renewal date.

Dr. Courtland Lee in his keynote address and another presentation also made significant comments about the role of counselors in helping clients and families with social justice issues. And our own Dr. Iman Nawash encouraged LCA members to join LCSJ when she attended Professor Quigley's summit presentation.

As a member of LCSJ, you can receive and share resources helpful to you and network with other counselors and PLPC's about how they are using social justice principles in their work. Advocacy is a constituent part of our profession, and it is a vital part of serving our clients with unconditional positive regard. We also make presentations to LPC/PLPC Networking Groups around the state.

Thank you for all you do in the arena of social justice.



**Growing and Going
Forward:
Resiliency and
Service**

*By Nikoyla Sparks, M.A.,
NCC, LPC, LMFT, LMHCA
President*



*"To succeed, one
must be creative
and persistent." –
John H. Johnson*

As President of the LA Mental Health Counselors Association, it is my goal to create and build the momentum that will create an even greater

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platform for the Division. LMHCA has grown to become the second largest Division of our beloved Association. We each have a passion for and commitment to service as evidenced by the very nature of our profession. We are connected by our professional associations, and often disconnected after conferences. I'd like to see us shift that dynamic and build on the relationships we have, all the while creating new ones. Having connected with many of you during our 2016 Annual LCA Conference, the one take away for me was, "I want to see LMHCA DO/GO/SAY..." We should most certainly have a presence in our communities. We should galvanize our efforts, time, talents, and resources in order to become the Division to be proud of.

In addition to being LMHCA President, I am also a Community Leader/Educator for the Louisiana Chapter of the Alzheimer's Association. In that capacity, I have made them more aware of our Division in the community. We are able to partner with the Association for educational opportunities and community events. Over the next two (2) years of my term, it is my goal to have partnered LMHCA with several national and local agencies; thus creating a public vehicle by which to educate the community about WHO WE ARE and WHAT WE DO. We can become as strong an alliance as our neighboring states. The rewards will be great but the process begins now.

2016 LCA ANNUAL CONFERENCE: "Diversity Is the Spice of Life"

The LMHCA Luncheon was well attended. In keeping with our overall conference theme, the Executive Board created themed baskets – one winner at each table. "LMHCA Covers the World" – Each basket contained goodies and treats representative of different cultural groups. We had a great time with this project and it was great to see everyone excited during raffle time!

Article continues in next column

LMHCA SPRING WORKSHOP 2017

We are in the planning stages. More to follow...

As always, I would love to hear from you. I encourage you to share your thoughts, ideas, and/or concerns.

Are you eager, passionate, enthusiastic and willing to JOIN us as an LMHCA Member?! Contact me (nikolyas@aol.com) and consider adding a new division to your membership!

"The greatest barrier to communication is the illusion that it has occurred." – Walt Eldridge, Sr.



**School Counselors
Embrace Diversity!**

*By Dr. Reshelle Marino, LSCA
President*



All counselors appreciate diversity and strive towards being multiculturally competent. Our code of ethics requires it! School counselors on a typical day rise to the occasion to practice those twin competencies many, many times! In many schools, counselors are often facing 200-1200 students on a daily basis from all walks of life. It is imperative that school counselors continue to embrace and impart a diverse and comprehensive school counseling curriculum.

The 2016 LCA conference offered excellent opportunities for school counselors to network and

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discuss ways in which to further infuse diversity into their school climates. Since education today takes a main focus on equity for post-secondary success for all students, it is crucial for school counselors to work with all students on an individualized level. All students should be exposed to the vast opportunities after high school. Those opportunities may or may not involve a four-year college degree. Ultimately, culture and values should be respected and supported when working with students to plan their paths for high school and beyond.

At the university level, we teach our graduate students to view every single client as multicultural. Even if the client looks like you, they are not like you. They come from their own cultures, even if that means they live on the same street. This allows for counselors to appreciate diversity in every single client that they work with, and to respect that there are usually more differences within cultures than between cultures.

While school counselors are to proactively teach about all opportunities for college and the world of work, they should not ever impose their values onto the student. Rather, expose the diverse world of opportunities available; and always believe—truly believe that every student can succeed! In this season of Thanksgiving, and on behalf of the Louisiana School Counselor Association, I am sure that school counselors are grateful to LCA President Dr. Iman Nawash and her team for selecting such a relevant topic for this year's theme!

✍



LCA Is Proud of All Our of Organizational Members!

*By Diane Austin,
LCA Executive Director*



Welcome our newest Organizational Member:

ITI Technical College

ITI believes in the old proverb “Give a man a fish, he eats for a day; teach him to fish, he eats for a lifetime.” ITI believes that a technical career often provides better salary, working conditions, and self-image, which consequently result in a better life. With this belief, we exist to help men and women attain that better life, not only for themselves but also for their families. For more information contact via 1.888.211.7165.



Please support our growing list of organizational members which already includes the members listed below. For additional information visit the member directly using the contact information provided below or click [here](#) for the LCA website.

Allen Outreach, Inc.

Allen Outreach is a 501 C(3), not-for profit agency in Oakdale, Louisiana, which provides a variety of programs and activities to assist clients in developing strong coping skills, behaviors, and problem-solving techniques to live better lives. Contact them via 318-335-3578.

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Council On Alcohol and Drug Abuse, (CADA)

CADA is a community-based health agency which was founded in 1960 that provides substance abuse prevention, education and assessment services for both youth and adults in Orleans, Jefferson, St. Bernard, St. John and St. Tammany Parishes. Contact them via 504 821-2232.



Pecan Haven Adolescent Addiction Center

Pecan Haven Adolescent Addiction Center is a new residential and outpatient treatment facility for teen boys, ages 13-17, with a bed capacity of 35. Pecan Haven is located on a 35 acre pecan grove near Monroe, LA; contact them via <http://www.pecanhaven.com>



Loyola University Department of Counseling

Loyola's Counseling Program offers eligible counseling graduate students a carefully designed curriculum that will prepare them personally, academically, and professionally to become skilled clinical mental health counselors. Contact via [here](#).

Article continues in next column



LSU Health Science Center Department of Clinical Rehabilitation and Counseling

The Master of Health Sciences in Clinical Rehabilitation and Counseling (MHS-RC) program is fully accredited by the Council on Rehabilitation Education (CORE) and the Council for Accreditation of Counseling and Related Educational Programs (CACREP) and is a 60 credit hour graduate program with a strong counseling focus. The program prepares counselors to assume the full range of professional responsibilities required in community rehabilitation agencies and counseling organizations, private as well as publicly funded and non-profit, and to contribute to scholarship and service locally and nationally. Contact them via 504-556-3453.



PHYSICIANS BEHAVIORAL HOSPITAL

Located in Shreveport, LA, Physicians Behavioral Hospital is a 24-bed behavioral health unit that offers both psychiatric and chemical dependency treatment in addition to extensive outpatient services. Contact them via 318-550-0520 or 1-855-

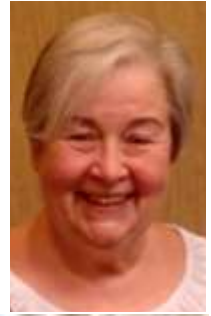


Committee Chairs attending the Board Meeting, L-R: Eric Odom, ByLaws; Joan Fischer, Professional Development; Asha Vyas, Awards; Dr. Mary Feduccia, Government Relations; Vinetta Frie, Publications; Michelle Robichaux, Graduate Student Representative; Adrian Trogden & John Crawford, Public Relations co-chairs.

With Thankfulness for our Conference Exhibitors

Submitted by Diane Austin, Executive Director

In this season of thanksgiving, one last acknowledgement for the conference exhibitors who made our conference more beneficial.



**Acadia Healthcare:
Children's Behavioral Solutions**

Addiction Recovery Resources

AmeriHealth Caritas Louisiana

American School

Ask Lela College Planning

**ASVAB Career Exploration
Program**

Barnes and Noble

Brentwood Behavioral Hospital

Center for Children and Families

**Children's Hospital Behavioral
Health**

**Department of Health & Hospital/
Office of Behavioral Health**

G.Bert Allain

**The Grove Counseling
and Wellness Center**

ITI Technical College

**Louisiana College Counseling
Association**

**Louisiana Health Information
Management Association**

**Louisiana LPC
PAC Auction**

**Louisiana School Counselor
Association**

MARCO Products

New Beginnings

**Palmetto Addiction Recovery
Center**

Physicians Behavioral Hospital

Silpada Designs (jewelry)

**Singular By Design
(original jewelry)**

St. Elizabeth Foundation

Universal Technical Institute

Youthlights, Inc.

2016— 2017 LCA Leadership Roster

LCA Elected or Appointed Officers and Contract Workers

<p><i>Dr. Iman Nawash,</i> <i>President</i> iman97@aol.com</p>	<p>Vinetta Frie, <i>President Elect-Elect</i> frienews@yahoo.com</p>	<p><i>Jenny Petty,</i> <i>Parliamentarian</i> jpetty0926@aol.com</p>	<p>Diane Austin, <i>Executive Director</i> lca_austin@bellsouth.net</p>
<p>Dr. Christine Ebrahim, <i>President Elect</i> Christine.Ebrahim@counselone.org</p>	<p>Tim Fields, <i>Past President & Nominations Chair</i> tfield1@lsu.edu</p>	<p><i>Vickie Thompson,</i> <i>Secretary</i> vsthompson@suddenlink.net</p>	<p>Austin White, <i>Business Manager</i> austin@northdeltamanagement.com</p>

LCA Division Presidents

<p>ALGBTIC-LA Alicia Kozak, Assoc. of Lesbian, Gay, & Transgender Issues in Counseling of LA aliciakozak@yahoo.com</p>	<p>LAAOC Brooke Keels, LA Assoc. of Addiction and Offender Counselors bkeels@pecanhaven.com</p>	<p>LACES Dr. Krystal Vaughn, LA Assoc. of Counselor Educators and Supervisors krysvaughn@gmail.com</p>	<p>LAMCD Dr. Roy Salgado, LA Assoc. for Multicultural Counseling and Development rsalgado@uhcno.edu</p>
<p>LAMFC Melissa Thomas, LA Association of Marriage and Family Counselors melissabay@aol.com</p>	<p>LASERVIC Dr. Thomas Fonseca, LA Assoc. for Spiritual, Religious & Ethical Values in Counseling tfonseca@uhcno.edu</p>	<p>LCCA Jessica Aslin, LA College Counseling Association jmorr66@lsu.edu</p>	<p>LCDA Lisa Hibner, LA Career Development Association hibnerl@bellsouth.net</p>
<p>LCSJ Louis Lowrey, LA Counselors for Social Justice lowrey@cp-tel.net</p>	<p>LMHCA Nikolya Sparks, LA Mental Health Counselors Association nikolyas@aol.com</p>	<p>LSCA Dr. Reshelle Marino, LA School Counselor Association reshelle.marino@selu.edu</p>	<p>PLCA Portia Gordon, Provisional Licensed Counselor Association portiadgordon@yahoo.com</p>

Appointed Committee Chairs and Co-Chairs

<p>ADA Compliance Joan Gallagher, jgallag@lsu.edu</p>	<p>Archives: Joyce Fields, jwakef@lsu.edu</p>	<p>Awards: Asha Vyas, ashamvyas@gmail.com</p>	<p>By-Laws: Eric Odom, ericodom1@hotmail.com</p>
<p>Conference On-Site Chair Dr. Christine Ebrahim, (See President Elect)</p>	<p>Finance: Dr. Christine Ebrahim, (See President Elect)</p>	<p>Government Relations Dr. Mary Feduccia, mary@careerworks360.com</p>	<p>Graduate Student Rep. Michelle Robichaux, mrobi53@lsu.edu</p>
<p>LPC Board Liaison Mary Alice Olsan, lpcboard@eatel.net</p>	<p>LCA Journal: Dr. Peter Emerson, Co-Editor pemerson@selu.edu Dr. Meredith Nelson, Co-Editor Meredith.Nelson@lsus.edu</p>		<p>LCA Newsletter: Vinetta Frie, Editor (See President Elect-Elect)</p>
<p>Membership: Vinetta Frie, (See President Elect-Elect)</p>	<p>Professional Development, Joan Fischer, jfischer@olhcc.edu</p>	<p>Strategic Planning: Dr. Matt Lyon, mlyons@uno.edu</p>	
	<p>Public Relations: John Crawford, Co-Chair JOHN615549@aol.com</p>	<p>Latrina Raddler, Co-Chair lraddler@yahoo.com</p>	<p>Adrienne Trogden, Co-Chair atrog2@uno.edu</p>



*L to R: Austin White, Business Manager; Diane Austin, Executive Director; and Jenny Petty, Parliamentarian at Transitional Board Meeting in July. Inset: Vickie Thompson, Secretary.
Photo by John Crawford, Publicity Co-Chair*

LCA Member Services: 1-888-522-6362

LCA Website: www.lacounseling.org

Welcome!

Thanks to you LCA membership is now 2,162

With Heartfelt Thoughts and Prayers

As 2016 draws to a close, we especially remember LCA members and former members parted from us by serious illness or by death. During the winter holidays, members who have suffered the loss of loved ones often feel them more keenly; we are remembering you, too. On behalf of our entire Association keep these members in your thoughts and prayers in a special way this holiday season.

We need your help to acknowledge any member's serious illness, grieving, or recent death. Please share the information with either Vinetta Frie, frienews@yahoo.com or Diane Austin lca_austin@bellsouth.net. Thank you, in advance.

Louisiana Lagniappe

The *Louisiana Lagniappe* is the quarterly newsletter of the Louisiana Counseling Association, LCA. LCA is the state branch of the American Counseling Association, ACA. LCA includes 2,000+ members and 12 Divisions which serves as an inclusive umbrella. LCA unites professional counselors from diverse work settings into a single statewide organization. LCA works to promote advocacy, collaboration, and networking among its membership for the good of Louisiana.

NEWSLETTER CORRECTION

Please contact Vinetta Frie, Editor via frienews@yahoo.com. Please use **Lagniappe Error** in the subject line.

LAGNIAPPE TEAM

Your newsletter is the result of the following team: **Vinetta Frie**, Editor; **Diane Austin**, Contributing Editor; **Vicki Guilbeau**, proofreader; **Joyce Fields**, photographer and Archives Chair.

SUBMISSIONS

Send all submissions to newsletter editor, Vinetta Frie via her e-mail address: frienews@yahoo.com. To assure a speedy response, please include the words: **Lagniappe Article**, in the subject line. Electronic submission of photographs via e-mail as a .jpeg file is preferred. Submission of hard copy photos or on disk or flash drives become the property of the newsletter and will not be returned.

**NEWSLETTER 2016-2017
NEXT SUBMISSION DEADLINE:
February 24, 2017**